

Prifysgol Wreccsam Wrexham University

Module specification

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Module Code	COU519
Module Title	Supervised Trainee Counselling Placement (1)
Level	5
Credit value	40
Faculty	SALS
HECoS Code	100495
Cost Code	GACG
Pre-requisite module	All Level 4 Modules (Diploma of Higher Education in Counselling)

Programmes in which module to be offered

Programme title	Core/Optional/Standalone
Diploma of Higher Education in Counselling	Core

Breakdown of module hours

Learning and teaching hours	77 hrs
Placement tutor support hours	10 hrs
Supervised learning hours e.g. practical classes, workshops	0 hrs
Project supervision hours	0 hrs
Active learning and teaching hours total	87 hrs
Placement hours	50 hrs
Guided independent study hours	263 hrs
Module duration (Total hours)	400 hrs

Module aims

Students will begin clinical practice placements during this module. This will include working in placement and accruing client contact hours towards the required total of 100 clinical placement hours, once readiness and fitness for practice have been demonstrated.

Students will participate in clinical supervision external to the University as well as Clinical Practice Improvement (CPI) groups and develop their ability to critically reflect upon clinical practice and to utilise session recordings and transcripts to aid reflection on the efficacy of their developing ability to put theory into practice.

Module Learning Outcomes

At the end of this module, students will be able to:

1	Critically evaluate part of a clinical recording from a client session on placement.
2	Demonstrate an ability to integrate theory, practice, personal development and competent ethical practice
3	Demonstrate an ability to handle challenging issues arising within the therapeutic relationship and manage these autonomously.
4	Critically evaluate own practice in light of feedback from peers and tutors

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

Assessment 1: The written coursework element of the assessment of reflective practice will include a partial transcript (20 minutes) of 50-minute audio and critique of client session with documented appropriate informed consent. The feedback gathered in the practical assessment is utilised to write a critical report including self-awareness of stronger and weaker areas of practice and the ability to identify professional and ethical issues and areas for development; to include ways to develop practice and personal development needs.

Attendance: attendance and participation are requirements of the course because they evidence the number of training hours received for potential future individual accreditation with professional bodies.

Assessment number	Learning Outcomes to be met	Type of assessment	Duration/Word Count	Weighting (%)	Alternative assessment, if applicable
1	1,2, 3 & 4	Coursework	3000	100%	N/A
2		Attendance		PASS/FAIL	N/A

Derogations

N/A

Learning and Teaching Strategies

This module adheres to the Active Learning Framework (ALF), integrating experiential, reflective, and practice-based learning through participation in community or home groups, clinical supervision and practice-development sessions, and the use of audio recordings with transcript work and discussion to support the development of clinical competence. Students engage in independent reading, reflection, optional journalling, and personal therapy or support activities to enhance personal and professional growth, while completing the readiness-to-practice exercise where required. Core components include undertaking a clinical placement supported by personal clinical supervision, attending tutorials, and actively participating in personal development groups, ensuring a well-rounded and supported learning experience.

Welsh Elements

Students can present assessed and non-assessed work in Welsh, and can access all forms, resources, and email correspondence in Welsh where preferred. Students are also able to undertake personal tutorials and, where applicable, work placements through the medium of Welsh. All module information aligns with the Welsh language expectations set out in the programme specification, and appropriate support is available to ensure students can fully engage with the module in their chosen language.

Indicative Syllabus Outline

- Ethics Groups
- Practice Groups
- Casework discussion groups

Indicative Bibliography

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads:

Mearns, D. & Thorne, B. (2013) *Person-Centred Counselling in Action*. (4th edn). London: Sage Publications Ltd

Mearns, D. & Cooper, M. (2005) *Working at Relational Depth in Counselling and Psychotherapy*. London. Sage.

Reeves, A., & Bond, T. (2021). *Standards and ethics for counselling in action* (5th edn.). SAGE.

Tudor, K. (2008) *Brief Person-Centred Therapies*. London: SAGE

Other indicative reading:

Bor, R. & Watts, M. (2011) *The Trainee Handbook: A Guide for Counselling & Psychotherapy Trainees*. (3rd edn). London. Sage

NCPS Ethical Framework available to download: <https://ncps.com/about-us/code-of-ethics>

Administrative Information

For office use only	
Initial approval date	April 2026
With effect from date	September 2026
Date and details of revision	
Version number	1.0